### PROGRAM DESCRIPTION
This one-day program will focus on the management of Heart Failure. The topics to be discussed are: Trends in Medical Management, Poly Pharmacy, Case Studies, Cardiac Rehab, Assisted Living and Stress Management.

The goal of this program is to provide nurses, pharmacists and other interested healthcare professionals with the knowledge and tools to assist them in providing quality care related to HF management.

### OBJECTIVES
Upon completion of this program, the participant will be able to:

- Analyze evidence supporting the use of alternative medicine
- Discuss the role of the pharmacist in counseling patients on their prescribed medicine
- Identify the benefits of cardiac rehab in decreasing readmissions
- Explain stress relievers for patients, family and caregivers
- Discuss the prevention of recidivism through specialized care from Heart Failure Centers
- Recognize the role of assisted living in promoting quality life

### AGENDA

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter</th>
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</thead>
<tbody>
<tr>
<td>7:30am</td>
<td>Registration, Coffee</td>
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<tr>
<td>7:55</td>
<td>Welcome, Introduction</td>
<td>Barbara Bryan, BSN, RN, ACM</td>
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<tr>
<td>8:00</td>
<td>Alternative Medicine and Heart Failure: It’s a Jungle Out There</td>
<td>Amber Giles, PharmD, MPH</td>
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<td>9:15</td>
<td>Cardiac Rehab for Patients with Heart Failure</td>
<td>Robert Brown, MPH, MBA, FMFA</td>
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<tr>
<td>10:15</td>
<td>Break, Exhibits, Networking</td>
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<tr>
<td>10:30</td>
<td>Heart Failure from the Pharmacist Prospective</td>
<td>Kenneth Canipe, BCPS, PharmD</td>
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<tr>
<td>11:45</td>
<td>Lunch (provided), Exhibits, Networking</td>
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<tr>
<td>12:00</td>
<td>Stress Management for Patient, Family &amp; Caregivers</td>
<td>Charlie Barnett, MDiv, MA/EdS, LPC-1, NCC</td>
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<tr>
<td>1:45</td>
<td>Break, Exhibits, Networking</td>
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<tr>
<td>2:00</td>
<td>Heart Failure Centers: Preventing Recidivism</td>
<td>Judy Thomas, APRN, BC</td>
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<td>3:00</td>
<td>Assisted Living</td>
<td>Phyllis Osbourne, MS, RN</td>
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<td>4:00</td>
<td>Wrap-up, Evaluation</td>
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<td>4:15</td>
<td>Adjourn</td>
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Please Note: The Piedmont Club Dress Code

- **Men**: Gentlemen are required to wear a jacket at all times in all areas of the club. Ties are suggested, but not required.
- **Women**: Suit (including business pantsuit), dress or blazer with skirt or tailored slacks, tailored pants with a blouse or sweater.
- **Prohibited**: T-Shirts, sweatshirts, or other shirt without collar; athletic attire, tennis shoes, shorts, jeans (regardless of value), denim jackets, untucked shirts, and baseball caps.
TARGET AUDIENCE
Nurses: Medical/Surgical, Telemetry, Critical Care and Home Health
Health Management, Pharmacists, Respiratory Therapists
Other Healthcare Professionals

CREDIT
You must attend 90% of each educational offering in order to receive CE credit. Certificate of attendance must be obtained at the conclusion of the offering. No partial credit will be given.

Nurses:
This educational activity has been awarded 7.0 contact hours.
SRHS Corporate Education is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

PHARMACISTS:
This program is accredited for a total of 7.0 contact hours (0.7CEUs).
The South Carolina College of Pharmacy (SCCP) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. ACPE #0062-9999-15-101-L01-P.
Participants must sign-in at registration table at the beginning of the day and attend all activities to obtain credit. Participants must complete an evaluation within 30 days and update the NABE e-profile number and day/month of birth in order to have credit reported to the CPE monitor system and print CE certificate. This is a knowledge based learning activity.

Others: This program provides 7.0 hours of continuing education.

“CE approval by ANCC/SCNA, ACPE or Spartanburg Regional Corporate Education does not imply approval or endorsement of any other product”.

FACULTY
Spartanburg Regional

Charlie Barnett, MDiv., MA/EdS, LPC-1, NCC
Counselor/Therapist
Amber Giles, PharmD, MPH
Clinical Pharmacy Resident

Bob Brown, MPH, MBA, FMDA
Director, Outpatient Cardiology
Judy Thomas, APRN,BC
Heart Failure Clinic

Kenneth Canipe, PharmD, BCGP
Clinical Pharmacist
Phyllis Osborne, MS, RN
Director of Home Health

PLANNING COMMITTEE (Spartanburg Regional)

Barbara Bryan, BSN, RN, ACM
Alisha Rich, BSN, RN

Deb McMennan, BSN, RN, CVRN
Shea Shullier, MSN, RN

Nelda M. Hope, BSN, RN
Cindy Voris, PharmD

The presenters and planning committee for this conference have disclosed that they do not have relevant financial relationships with commercial interests and do not anticipate discussing unlabeled uses of any commercial products or any investigational products.

LOCATION & DIRECTIONS
The Piedmont Club
361 E. Main St.
Spartanburg, SC 29302

From Greenville on I-85, Take I-85N toward exit 69. Keep right to I-85 BUS N. Take exit 5A for I-585/US 176S/Pine St., toward downtown. Slight right onto I-585/US 176E/Pine St., continue to follow US 117E/N Pine St. Turn right onto E. Main St. The Piedmont Club will be on the left, immediately after First Presbyterian church.


From I-26 (east from Asheville or west from Columbia), Take exit 198 to Business 85 going north. Take exit 5A for - 585 BUS S/US 176E/N. Pine St. – follow above directions.

REGISTRATION INFORMATION
Fee includes continental breakfast, handout materials, refreshments, lunch, and certificate of attendance.
Deadline for registration is September 3, 2015.
No refunds are allowed.
Substitutions are accepted and encouraged.

NOTE: We cannot accept registrations without payment or guarantee of payment.

To confirm your registration, you may call (864) 560-6282, Option 2.
Spartanburg Regional reserves the right to cancel this workshop if necessary.
If we cancel, full registration fee will be refunded.

On-line registration: www.spartanburgregional.com/CEEvents

On-line registration closes on September 3

ADA
If you need any of the auxiliary needs or services identified in the ADA in order to participate in this program, please call (864) 560-6746 by September 3, 2015.
For your comfort, please bring a jacket or sweater.

FOR MORE INFORMATION
Regina Jennings (at (864) 560-6282, Option 2 or e-mail: rjennings2@srhs.com)
Nelda M. Hope (at (864) 560-6265 or e-mail: nhope@srhs.com)

Registration Form
Management of the Patient with Heart Failure
Thursday, September 17, 2015
Please print clearly. One name per form.

Name: __________________________

Home/Mailing Address: __________________________
City/State/Zip: __________________________
Employer: __________________________
Email Address: __________________________
Daytime Telephone: __________________________
Special Needs (specify): __________________________

On-line registration: www.spartanburgregional.com/CEEvents

On-line registration closes on September 3

Registration Fees:
$75.00 Others
$65.00 SRHS associates
$100.00 ACPE credit: for SRHS associates, RPh, NP
$115.00 ACPE credit: for non-SRHS associates, RPh, NP
$50.00 Retired Nurses and
$25.00 Additional Fee for registration postmarked/received after September 3, 2015

PAYMENT METHOD:
A. Check - amount enclosed: $_____________________
B. State/Agency Voucher: $_____________________
C. SRHS ITR - Interdepartmental Transfer of Funds (Please send original copy of ITR)
D. Visa, MasterCard, Discover, AMEX: $_____________________

Account #: __________________________ Security Code: __________________________
Expiration Date: __________________________
Signature: __________________________

PLEASE MAKE CHECK PAYABLE TO:
Spartanburg Medical and mail with completed registration to:
Corporate Education
PO Box 4848
Spartanburg, SC 29303-4848

Registration with credit card payment may be faxed to (864) 560-7440